

Case Planning Exercise: Group 1

This exercise will take 20 minutes.

In your group, decide who will be the worker; who will be the parent; and who will be the other household member, ally, or resource.

Working together in a mock planning session, write one outcome statement and the objective, strategies, and activities that will be used to **address a need in the parenting skills domain**, given the additional information provided about the family. (You may make up details as long as they are consistent with the information provided.)

- Assume that you have already completed the FSNA at a family meeting and a level of trust and cooperation has been established.
- Start by brainstorming.
- Narrow the list until you have an achievable plan.

Priority need area is parenting skills. Keep in mind that you will consider the other needs (in the chart below) when writing your outcome statement. Then you will write an objective for parenting skills, and select strategies and activities to help you achieve the objective.

Area	Additional Information
Priority strengths	Substance use, domestic violence, household relationships
Other needs	Coping skills, physical health
Reasons for parenting skills score	Had expectations of child that were developmentally inappropriate
Parent ages	Single parent, age 19
Child ages	1 year
Culture	African American
Parent education level	High school
Family structure	Single parent, has a steady boyfriend; father is unknown
Economic status	Never worked, government assistance; has no car

Case Planning Exercise: Group 2

This exercise will take 20 minutes.

In your group, decide who will be the worker; who will be the parent; and who will be the other household member, ally, or resource.

Working together in a mock planning session, write one outcome statement and the objective, strategies, and activities that will be used to **address a need in the parenting skills domain**, given the additional information provided about the family. (You may make up details as long as they are consistent with the information provided.)

- Assume that you have already completed the FSNA at a family meeting and a level of trust and cooperation has been established.
- Start by brainstorming.
- Narrow the list until you have an achievable plan.

Priority need area is parenting skills. Keep in mind that you will consider the other needs (in the chart below) when writing your outcome statement. Then you will write an objective for parenting skills, and select strategies and activities to help you achieve the objective.

Area	Additional Information
Priority strengths	Substance use, social support, basic needs
Other needs	Coping skills, domestic violence
Reasons for parenting skills score	Uses excessive physical discipline
Parent ages	Both age 19
Child ages	1 year and 6 months
Culture	Native American
Parent education level	High school
Family structure	Living together
Economic status	Living wage job for dad, no work for mom; no car

Case Planning Exercise: Group 3

This exercise will take 20 minutes.

In your group, decide who will be the worker; who will be the parent; and who will be the other household member, ally, or resource.

Working together in a mock planning session, write one outcome statement and the objective, strategies, and activities that will be used to **address a need in the parenting skills domain**, given the additional information provided about the family. (You may make up details as long as they are consistent with the information provided.)

- Assume that you have already completed the FSNA at a family meeting and a level of trust and cooperation has been established.
- Start by brainstorming.
- Narrow the list until you have an achievable plan.

Priority need area is parenting skills. Keep in mind that you will consider the other needs (in the chart below) when writing your outcome statement. Then you will write an objective for parenting skills, and select strategies and activities to help you achieve the objective.

Area	Additional Information
Priority strengths	Substance use, physical health, coping skills
Other needs	Basic needs, domestic violence
Reasons for parenting skills score	Pays no attention to needs of children for supervision or care
Parent ages	Ages 19 and 20
Child ages	2 years
Culture	White American
Parent education level	Did not finish high school
Family structure	Married
Economic status	Low-wage job for dad; part-time, low-wage job for mom; no car

Case Planning Exercise: Group 4

This exercise will take 20 minutes.

In your group, decide who will be the worker; who will be the parent; and who will be the other household member, ally, or resource.

Working together in a mock planning session, write one outcome statement and the objective, strategies, and activities that will be used to **address a need in the parenting skills domain**, given the additional information provided about the family. (You may make up details as long as they are consistent with the information provided.)

- Assume that you have already completed the FSNA at a family meeting and a level of trust and cooperation has been established.
- Start by brainstorming.
- Narrow the list until you have an achievable plan.

Priority need area is parenting skills. Keep in mind that you will consider the other needs (in the chart below) when writing your outcome statement. Then you will write an objective for parenting skills, and select strategies and activities to help you achieve the objective.

Area	Additional Information
Priority strengths	Domestic violence, household relationships, social support
Other needs	Substance use, physical health
Reasons for parenting skills score	Had expectations of child that were developmentally inappropriate; uses excessive physical discipline
Parent ages	Single parent, age 25
Child ages	4 years and 2 years
Culture	Eastern European immigrant
Parent education level	Some university courses
Family structure	Divorced; joint custody with father of both children
Economic status	Living wage; has a car

Case Planning Exercise: Group 5

This exercise will take 20 minutes.

In your group, decide who will be the worker; who will be the parent; and who will be the other household member, ally, or resource.

Working together in a mock planning session, write one outcome statement and the objective, strategies, and activities that will be used to **address a need in the parenting skills domain**, given the additional information provided about the family. (You may make up details as long as they are consistent with the information provided.)

- Assume that you have already completed the FSNA at a family meeting and a level of trust and cooperation has been established.
- Start by brainstorming.
- Narrow the list until you have an achievable plan.

Priority need area is parenting skills. Keep in mind that you will consider the other needs (in the chart below) when writing your outcome statement. Then you will write an objective for parenting skills, and select strategies and activities to help you achieve the objective.

Area	Additional Information
Priority strengths	Domestic violence, household relationships, basic needs
Other needs	Substance use, coping skills
Reasons for parenting skills score	Uses excessive physical discipline
Parent ages	Ages 25 and 30
Child ages	Ages 4, 2, and 6 months
Culture	First-generation Mexican American immigrant
Parent education level	Some university courses
Family structure	Married
Economic status	Living wage job for dad, mom not working; no car

Case Planning Exercise: Group 6

This exercise will take 20 minutes.

In your group, decide who will be the worker; who will be the parent; and who will be the other household member, ally, or resource.

Working together in a mock planning session, write one outcome statement and the objective, strategies, and activities that will be used to **address a need in the parenting skills domain**, given the additional information provided about the family. (You may make up details as long as they are consistent with the information provided.)

- Assume that you have already completed the FSNA at a family meeting and a level of trust and cooperation has been established.
- Start by brainstorming.
- Narrow the list until you have an achievable plan.

Priority need area is parenting skills. Keep in mind that you will consider the other needs (in the chart below) when writing your outcome statement. Then you will write an objective for parenting skills, and select strategies and activities to help you achieve the objective.

Area	Additional Information
Priority strengths	Basic needs, cultural identity, physical health
Other needs	Social support, coping skills
Reasons for parenting skills score	Pays no attention to needs of children for supervision or care
Parent ages	Single parent, age 28
Child ages	7 years
Culture	Undocumented Mexican immigrant
Parent education level	College graduate
Family structure	Single parent; father known but uninvolved
Economic status	Living wage

Case Planning Exercise: Group 7

This exercise will take 20 minutes.

In your group, decide who will be the worker; who will be the parent; and who will be the other household member, ally, or resource.

Working together in a mock planning session, write one outcome statement and the objective, strategies, and activities that will be used to **address a need in the parenting skills domain**, given the additional information provided about the family. (You may make up details as long as they are consistent with the information provided.)

- Assume that you have already completed the FSNA at a family meeting and a level of trust and cooperation has been established.
- Start by brainstorming.
- Narrow the list until you have an achievable plan.

Priority need area is parenting skills. Keep in mind that you will consider the other needs (in the chart below) when writing your outcome statement. Then you will write an objective for parenting skills, and select strategies and activities to help you achieve the objective.

Area	Additional Information
Priority strengths	Coping skills, basic needs, household relationships
Other needs	Social support, cultural identity
Reasons for parenting skills score	Pays no attention to needs of children for supervision or care; uses excessive physical discipline
Parent ages	Ages 28 and 34
Child ages	Ages 7, 6, 4, and 2
Culture	Gay
Parent education level	College graduates
Family structure	Married; oldest two children are biological children of older mother, younger two children were adopted
Economic status	Living wage for one, good wage for other; have a car

Case Planning Exercise: Group 8

This exercise will take 20 minutes.

In your group, decide who will be the worker; who will be the parent; and who will be the other household member, ally, or resource.

Working together in a mock planning session, write one outcome statement and the objective, strategies, and activities that will be used to **address a need in the parenting skills domain**, given the additional information provided about the family. (You may make up details as long as they are consistent with the information provided.)

- Assume that you have already completed the FSNA at a family meeting and a level of trust and cooperation has been established.
- Start by brainstorming.
- Narrow the list until you have an achievable plan.

Priority need area is parenting skills. Keep in mind that you will consider the other needs (in the chart below) when writing your outcome statement. Then you will write an objective for parenting skills, and select strategies and activities to help you achieve the objective.

Area	Additional Information
Priority strengths	Physical health, basic needs, domestic violence
Other needs	Coping skills, social support
Reasons for parenting skills score	Pays no attention to needs of children for supervision or care
Parent ages	Single parent, age 32
Child ages	Ages 10 and 2
Culture	Deeply religious
Parent education level	Did not finish high school
Family structure	Divorced; father visits regularly
Economic status	Good wage; has a car

Case Planning Exercise: Group 9

This exercise will take 20 minutes.

In your group, decide who will be the worker; who will be the parent; and who will be the other household member, ally, or resource.

Working together in a mock planning session, write one outcome statement and the objective, strategies, and activities that will be used to **address a need in the parenting skills domain**, given the additional information provided about the family. (You may make up details as long as they are consistent with the information provided.)

- Assume that you have already completed the FSNA at a family meeting and a level of trust and cooperation has been established.
- Start by brainstorming.
- Narrow the list until you have an achievable plan.

Priority need area is parenting skills. Keep in mind that you will consider the other needs (in the chart below) when writing your outcome statement. Then you will write an objective for parenting skills, and select strategies and activities to help you achieve the objective.

Area	Additional Information
Priority strengths	Cultural identity, coping skills, social support
Other needs	Basic needs, domestic violence
Reasons for parenting skills score	Had expectations of child that were developmentally inappropriate; uses excessive physical discipline
Parent ages	Ages 32 and 33
Child ages	Ages 10, 5, and 1
Culture	Chinese
Parent education level	College graduate
Family structure	Married
Economic status	Living wage for dad, no work for mom; has a car

Case Planning Exercise: Group 10

This exercise will take 20 minutes.

In your group, decide who will be the worker; who will be the parent; and who will be the other household member, ally, or resource.

Working together in a mock planning session, write one outcome statement and the objective, strategies, and activities that will be used to **address a need in the parenting skills domain**, given the additional information provided about the family. (You may make up details as long as they are consistent with the information provided.)

- Assume that you have already completed the FSNA at a family meeting and a level of trust and cooperation has been established.
- Start by brainstorming.
- Narrow the list until you have an achievable plan.

Priority need area is parenting skills. Keep in mind that you will consider the other needs (in the chart below) when writing your outcome statement. Then you will write an objective for parenting skills, and select strategies and activities to help you achieve the objective.

Area	Additional Information
Priority strengths	Coping skills, physical health (only two)
Other needs	Substance use, cultural identity
Reasons for parenting skills score	Uses excessive physical discipline; pays no attention to needs of children for supervision or care
Parent ages	Single parent, age 38
Child ages	Ages 7, 3, and 1
Culture	Deaf
Parent education level	High school
Family structure	Single; father of 7-year-old is unknown; father of 3-year-old and 1-year-old lives in at times; he is hearing
Economic status	Living wage; has a car